

Pelvic Floor Physical Therapy FAQs



Q: Are your treatment rooms private?

YES!

All three of our locations offering pelvic floor physical therapy have private treatment rooms.



Q: Can I bring my baby to my therapy session?

YES!

We encourage you to bring your baby to therapy. It is a great way for you to learn how to do every day activities with your baby.



Q: Is it covered by insurance?

YES!

Insurance covers pelvic floor physical therapy just like it would cover costs for traditional physical therapy.



Q: Is my therapist a male or female?

Female.

All three of our pelvic floor physical therapists are female. We also have three female physical therapist assistants.



Q: What can I expect during the first session?

Comfort.

Often times the first session is a “get to know you” visit. Your therapist will talk you through pelvic floor physical therapy. Once comfort has been established, we begin to treat the problem.



Q: Is there an internal exam involved?

Your Choice.

This all depends on how comfortable you are. We understand this is personal, and we never want to make patients uncomfortable.

**East Tennessee Spine & Sport is
Knoxville's Largest Provider of Pelvic Floor Physical Therapy**

North Knoxville

4905 North Broadway

Knoxville, TN 37918

P: (865) 689-8299

F: (865) 689-9804

north@easttnspinesport.com

Oak Ridge

142 Fairbanks Road, Suite 150

Oak Ridge, TN 37830

P: (865) 888-5431

F: (865) 888-5432

oakridge@easttnspinesport.com

West Knoxville

7240 Kingston Pike, Suite 160

Knoxville, TN 37919

P: (865) 691-5020

F: (865) 691-5009

west@easttnspinesport.com



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SPINE & SPORT
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EastTNSpineSport.com